



# WHEN ALONE

“It is not good that man should be alone” (Genesis 2:18). We were created to live in company. That is our ideal state.

However, some people live alone because of their circumstances or because they choose to.

Let's study what the Bible says about companionship and solitude.

 **Companionship**

 **Solitude**

 Physical solitude

 Spiritual solitude

 **Unplanned solitude**

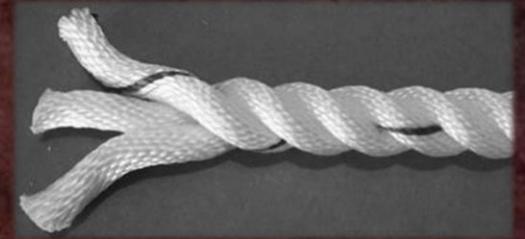
 Divorce

 Death



# COMPANIONSHIP

"Two are better than one, because they have a good return for their labor." (Ecclesiastes 4:9 NIV)



Solomon explained why we should share our lives with another person in marriage, and with God ("A cord of three strands is not quickly broken." (Ecclesiastes 4:12 NIV)).

If the one has a problem, the spouse can help him/her. If the one is disheartened, the other can encourage him/her. Together they can solve situations they couldn't individually.

Even in less deeper levels than marriage, people need company.

But just being around other bodies doesn't mean someone cannot feel alone and alienated and in need of fellowship.

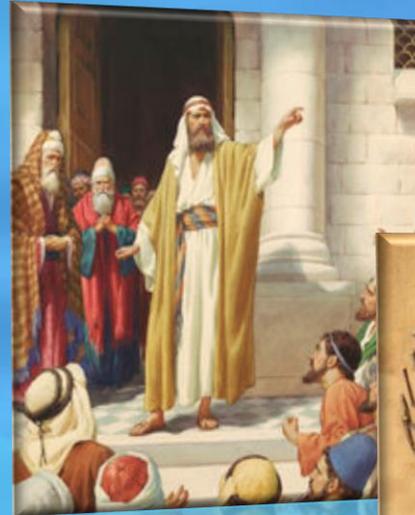
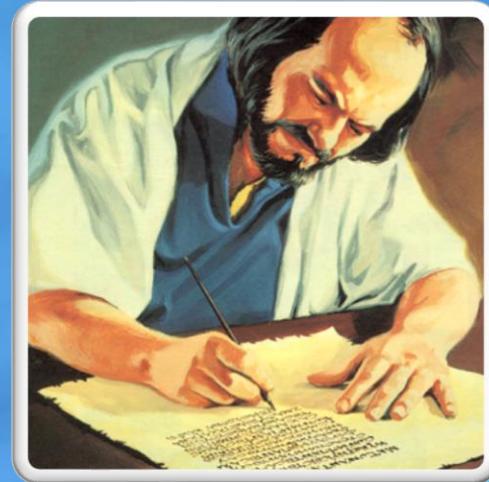


# PHYSICAL SOLITUDE

**“But I say to the unmarried and to the widows: It is good for them if they remain even as I am.”**  
(1 Corinthians 7:8)

**Is Paul contradicting God’s advice in Genesis 2:18?**

**Paul surprises us with this sentence when talking about family life. However, he immediately clarifies this idea: only those who “can exercise self-control” (v. 9). That is, those who have been given the gift of not needing a married life.**



**On the other hand, single people can focus more thoroughly on missionary work (v. 32-33). That’s what Jeremiah (single) and Ezekiel (widower) did.**

**Living in solitude doesn’t mean to be completely alone. Jesus said: “I am not alone, because the Father is with Me.” (John 16:32).**

# SPIRITUAL SOLITUDE

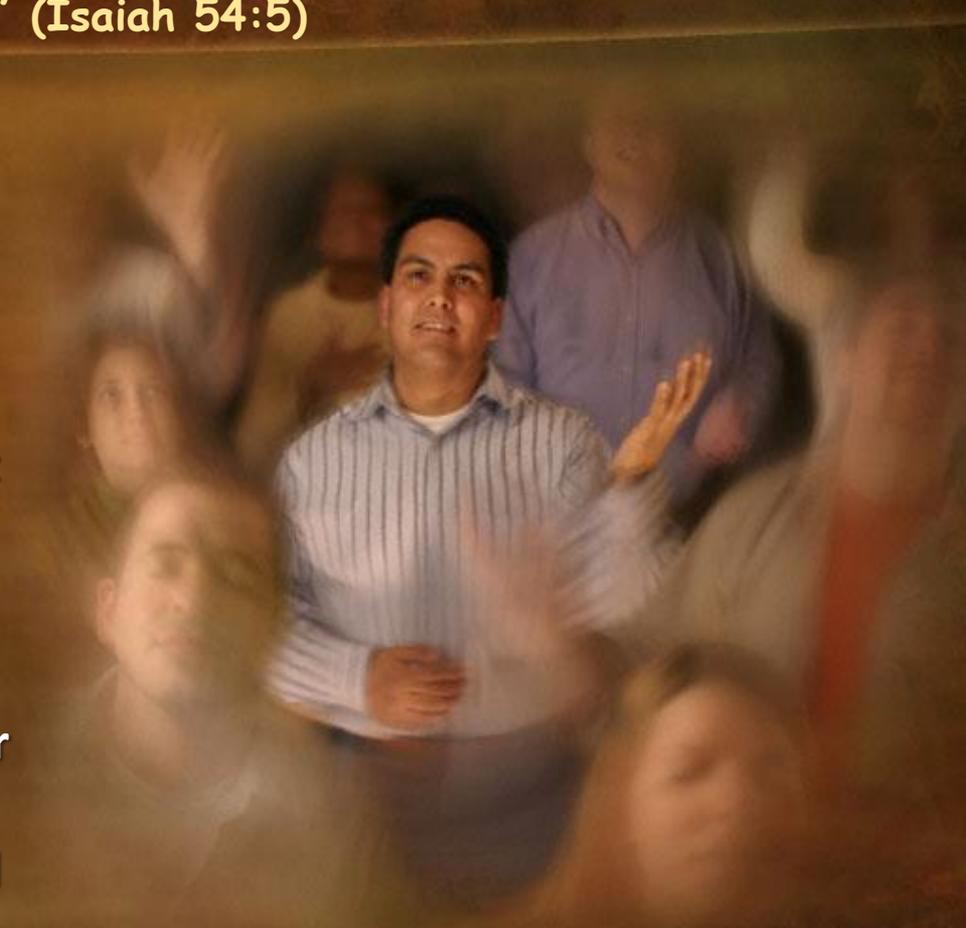
"For your Maker is your husband, the Lord of hosts is His name; and your Redeemer is the Holy One of Israel; He is called the God of the whole earth." (Isaiah 54:5)

People are spiritually alone when their spouse doesn't share their beliefs. They must live their spiritual life in solitude. They cannot pray with their spouse nor attend church with them.

There are three possible reasons for that situation:

- ➔ That person has married a non-believer.
- ➔ That person has accepted Christ after getting married.
- ➔ That person's spouse has abandoned the faith.

It's important to support those people by loving them and giving them all our support, both personally and as a church.



# DIVORCE

“For I hate divorce!’ says the Lord, the God of Israel. ‘To divorce your wife is to overwhelm her with cruelty,’ says the Lord of Heaven’s Armies. ‘So guard your heart; do not be unfaithful to your wife.’” (Malachi 2:16 NLT)

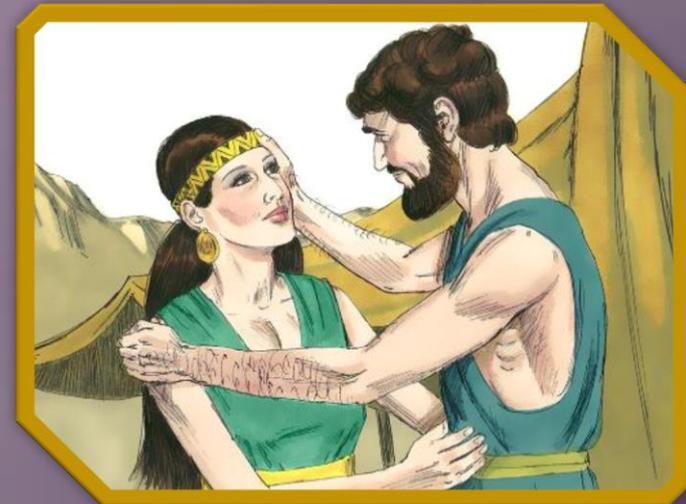
Divorce frustrates God’s original plan for the family. Because of sin, God has allowed marriage to be broken under specific circumstances (Matthew 19:8; 5:31-32).

Divorce generates feelings of mourning, depression, anger and loneliness.



The Bible encourages us to do everything possible to avoid a breakup, seeking reconciliation through love, forgiveness and restoration (Hosea 3:1-3; 1 Corinthians 7:10-11; 13:4-7; Galatians 6:1).

When divorce is inevitable, the church must support, comfort and encourage.



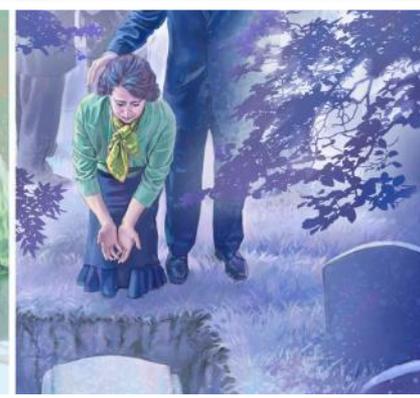
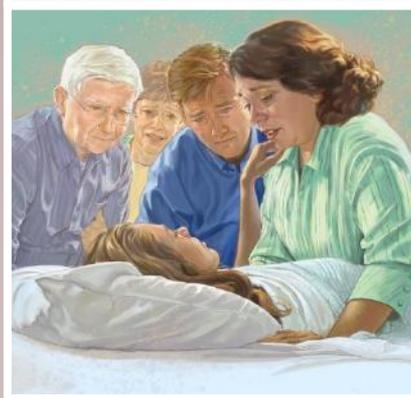
# DEATH

"So Sarah died in Kirjath Arba (that is, Hebron) in the land of Canaan, and Abraham came to mourn for Sarah and to weep for her." (Genesis 23:2)

Death is certain for everyone since Adam and Eve sinned. This is true until the Second Coming of Jesus.

Ultimately, death causes an unavoidable separation. The surviving spouse is flooded with in loneliness.

Time may heal the wound, but the empty spot remains.



God has given us the hope of meeting our dear ones again, and living with them in a New Earth where there will be no more death (1 Thessalonians 4:16-17; Revelation 21:4).



**“Whatever our situation, if we are doers of His word, we have a Guide to direct our way; whatever our perplexity, we have a sure Counselor; whatever our sorrow, bereavement, or loneliness, we have a sympathizing Friend.”**

E.G.W. (The Ministry of Healing, cp. 18, p. 248)

**“He is ever watching to impart, when most needed, new and fresh blessings, strength in the hour of weakness, succor in the hour of danger, friends in the hour of loneliness, sympathy, human and divine, in the hour of sorrow. We are homeward bound. He that loveth us so much as to die for us hath builded for us a city. The New Jerusalem is our place of rest. There will be no sadness in the City of God. No wail of sadness. No dirge of crushed hopes and buried affection shall ever more be heard.”**